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Annual Report

CAHEC's MISSION

*To positively impact health outcomes
in Northeast Colorado by connecting existing
and future health professionals
and communities with resources and education.*



This year has been one of opportunity and growth for our board, staff and all those we serve and collaborate with. We continually seek ways to support and enhance the work of our community partners. Our Overcoming Addiction Together workshop provided education not only for clinicians and educators throughout our region but for community members searching for solutions for their loved ones struggling with addiction as well. We grew and improved our Nurse Educators Conference in the Rockies with a renewed energy and the addition of two new committees - marketing and sponsorship. Our success in recruiting AHEC Scholars led us to the National AHEC spotlight.

We continue our efforts to become more recognized in the communities we serve and forge new partnerships to strengthen the health of northeastern Colorado now and for the road ahead.



Brenda Tousley

Brenda Tousley
Board President



Melissa Jensen

Melissa Jensen
Executive Director

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Health Connector

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Regional Health Connector

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Jeremy Kilpatrick
Community Liaison

**Thank
You
Student
Hosts!**

**Dozens of generous
student hosts
provided **242 medical
students** with
7,207 nights of housing
during their clinical
rotations**

CAHEC Housing Nights by Discipline: July 1, 2021 - June 30, 2022

Discipline	School	Total Students	Total Nights	% of Total Nights
Pharmacy	AMC	27	939	13%
College of Nursing	AMC	2	82	1%
CHA/Physician Assistant	AMC	14	509	7%
Physical Therapy	AMC	10	523	7%
Dental Medicine	AMC	57	1025	14%
SOM	AMC	25	850	12%
Physician Assistant	RRCC	50	1980	27%
Osteopathic Medicine	RVU	44	1299	18%
TOTAL		242	7207	100%

**You're helping us
cultivate
the future
of healthcare!**



www.cahec.org/host-a-student



**40+ Participants
14 Counties**

- Centennial Mental Health Center
- Brain and Psychological Trauma
- North Range Behavioral Health
- Harm Reduction/Narcan Training
- Northpoint Recovery
- Brain Science and Addiction
- Front Range Clinic
- Medication Assisted Treatment (MAT)
- North Colorado Health Alliance
- Peer Recovery



TAKING ACTION in the opioid epidemic

Harm Reduction and Narcan Trainings

- Aims Community College
- Morgan Community College
- Northeastern Junior College
- University of Northern Colorado
- Centennial BOCES
- New Pathways Counseling

**370 Narcan Kits
distributed
March - September
2022**





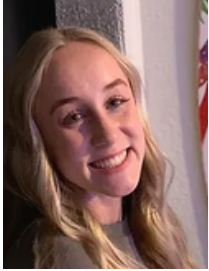
AHEC
SCHOLARS

44

AHEC Scholars Graduates



<https://www.cahec.org/ahec-scholar>



"I'm Jessica, an aspiring medical student. I have always loved helping people and being able to change a life. From the little things, like getting some water, to the big things, like performing CPR, healthcare has surrounded my life. I am a junior in high school and am already able to get a job in the healthcare settings because of the amazing opportunities Aims and AHEC have offered me. After high school, I plan to continue my medical education to reach my life goal of working in the NICU. I mean who wouldn't want to work with cute babies all day?!"

Student Opportunities



Students joined us from Greeley, Estes Park, and Wray for six sessions on health topics for the 2021-2022 HOPE sessions.



36

H.O.P.E Students

- Oct. 18, 2021 Epidemiology
- Nov. 15, 2021 Opioid Epidemic
- Jan. 17, 2022 Nutrition
- Feb. 21, 2022 Mental Health
- Mar. 21, 2022 Health Equity
- Apr. 18, 2022 Community Health

<https://www.cahec.org/high-school-programs>



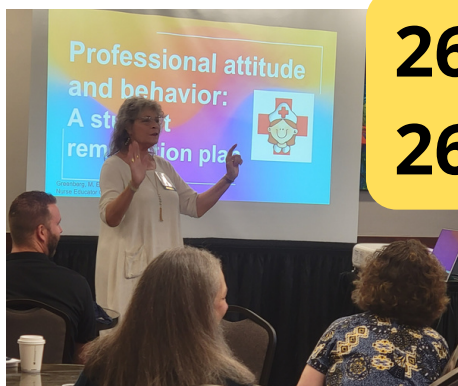
**RISING to Challenges
EMBRACING Changes
CREATING Opportunities**



The past few years have brought into sharp focus the vital role that our nurses, nurse educators and all healthcare professionals play in our society. The world has developed a renewed appreciation for the work of healthcare professionals, but it can still feel like swimming upstream for healthcare workers trying to fulfill their dynamic duties in an ever-changing and most challenging environment. At NEC in the Rockies 2022, attendees focused on how to turn these challenges into opportunities through hands-on learning and invaluable networking with peers, building their knowledge and skills to take back to their academic and clinical settings. At our pre-conference, Ann Van Eerden covered competency-based curriculum and Tim Bristol presented Next Generation NCLEX.

Opening keynote speaker, Jim Davidson (who happens to be married to an ER nurse), best-selling co-author of *The Ledge: An Inspirational Story of Friendship and Survival*, shared his resilience lessons on how to adapt to change, face uncertainty, overcome challenges and recover from setbacks.

Tim Cunningham, VP of Practice and Innovation at Emory Healthcare, closed the conference by delivering a message of empathy and encouragement with his presentation *Post-Traumatic Growth While the Waves Keep Crashing: Nurse Educators Keep Us Afloat*.



**265 attendees
26 Exhibitors**



Based on post-conference surveys most attendees left feeling inspired and ready to...

**RISE to challenges,
EMBRACE changes,
and CREATE opportunities**
for a diverse generation of
current and future
healthcare professionals.

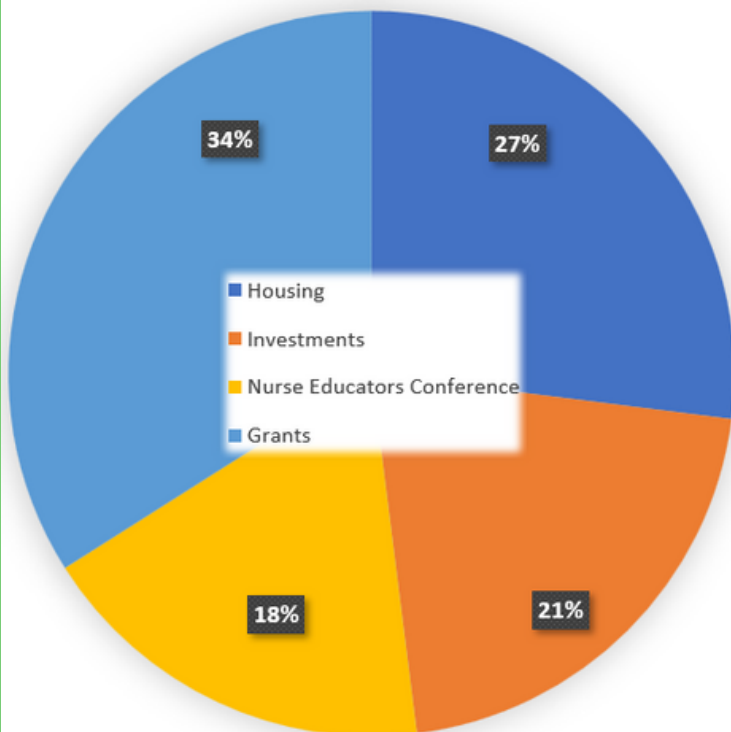
**47 Presentations
19 Posters
2000+ Contact Hours Awarded**

GROWING OUR FUTURE

With the majority of our funding received from an annual contract through the Health Resources and Services Administration (HRSA) via our partnership with CU Anschutz and another from The Trailhead Institute, we were able to maintain our financial stability to Returns on our investment accounts, lower facility costs due to the generosity of our partners at North Range Behavioral Health and the booming real estate market enabled us to realize a gain in our asset base. Our housing income also rose as more facilities welcomed med students back into clinical rotations.



Revenue Mix




Total Revenue
\$889,571

Total Expenses
\$667,978

Year End Assets
\$1,773,000

BUILDING HEALTHIER COMMUNITIES...TOGETHER

We could not accomplish our various mission objectives and goals without the help of our valuable and forward-thinking partners!

 University of Colorado Anschutz Medical Campus



Banner Health®

